

Garrison Hospital

Implementation Plan for Needs Identified in the Community Health Needs Assessment for CHI St. Alexius Health Garrison

FY 2019-2021

Covered Facilities: CHI St. Alexius Health Garrison

<u>Community Health Needs Assessment</u>: A Community Health Needs Assessment ("CHNA") was performed in Fall 2018 in collaboration with public health to determine the most pressing health needs of Western McLean County.

<u>Implementation Plan Goals</u>: The Board of CHI St. Alexius Health Garrison has determined that the following health needs identified in the CHNA should be addressed through the implementation strategy noted for each such need:

Specific Needs Identified in CHNA:

- 1. Goal: Ability to recruit and retain primary care providers (MD, PA, NP, RN, LPN) -
 - To fully staff our clinic, hospital, and ER with a full compliment of providers to meet the needs of our growing community.
 - o Key Objectives:
 - O Retain current practicing Primary Care Providers .
 - Actively recruit Primary Care Providers with a passion to work in rural health.
 - Recruit and retain RN's and LPN's to work in our Critical Access Hospital and Rural Health Clinic
 - o Implementation Strategies:
 - Maintain CHI St. Alexius Health Garrison hospital and clinic designations as a National Health Service Core site. This allows our primary car providers access to loan repayment on student loans along with a commitment of service.
 - Work with State of ND on loan repayment programs in the event primary care providers don't qualify for National Health Service Core.
 - o Update our recruitment folders to distribute to potential professional candidates.
 - o Continue to promote Health Career Scholarships to students in our community.
 - Engage the community and community leaders in the recruitment and retention of providers.



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- o Develop new and more flexible practice models within the hospital and clinic setting.
- o Offer continuing education opportunities to current staff
- o Continue as a rural rotation site for UND Center for Family Medicine.
- Offer opportunities for Advanced Practice Clinicians(APC) and APC students to follow our providers in hopes of gaining interest in working in a rural facility.
- Expand the BSC Dakota Nursing Program to education Associate Degree RNs along with LPNs.

2. GOAL: Youth drug use and abuse -

To educate the youth of our community of the dangers of drug use and abuse.

o Key Objectives:

- Help in organizing events to keep the youth in a safe environment.
- o Increase the awareness of the dangers of drug use and abuse in our community.

o Implementation Strategies:

- o Partner with the public school district on implementing a drug awareness day or lyceum.
- o Partner with the McLean County Sheriff's department and Public Health office on education for students, parents, and community members.
- Develop a list of mental health drug and alcohol addiction counselors for referral of patients and community members in need of assistance.
- o Provide education at public health fairs.
- o Provide public education on narcotics/opioids and Schedule II drugs.

3. GOAL: Adult Obesity and Overweight -

• To educate the public on the health risks of obesity and to create opportunities for weight loss and healthier lifestyles.

Key Objectives

- o Provide education on health risks of obesity
- o Create and design opportunityes for choosing a healthier lifestyle and dietary options.

o Implementation Strategies

- o Educate public at health fiars and other community events, as available.
- o Use website and facebook to post health living options and education.
- o Plan a 5K run/walk event.
- o Sponsor a Health Cooking class.
- o Promote weight loss challenges in the community.



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<u>Other Needs Identified in the CHNA but Not Addressed in this Plan</u> –The Hospital will not address the following health need identified in the CHNA as part of this Implementation Plan due to factors out of our control and the need to allocate significant resources to the three priority health needs identified above.

Enough Child Daycare Services:

Although we are unable to directly control the availability of Child Daycare options and it would be financially unfeasible to start a daycare service of our own, we can make known that we are able to offer free or low-cost CPR and babysitting classes to those interested.