Mental Illness and Substance Abuse Quiz

1. In instances when smoking bans have been implemented in locked psychiatric units there have generally been dramatic increases in the rates of disruptive behaviors, AMA discharges, and the additional use of restraints and seclusion.
   a. True ____
   b. False ____

2. People who are in treatment for another addiction should wait until a stable recovery is established before addressing their tobacco addiction?
   a. True ____
   b. False ____

3. People with severe mental illness are likely to never be able to become tobacco free.
   a. True ____
   b. False ____

4. What percentage of people diagnosed with a mental illness use tobacco?
   a. 95% ____
   b. 70% ____
   c. 60% ____
   d. 40% ____

5. Of all the cigarettes smoked every year in the United States, how many are smoked by individuals diagnosed with a mental illness or substance abuse disorder?
   a. one half of all cigarettes ____
   b. one third of all cigarettes ____
   c. two thirds of all cigarettes ____
   d. no one really knows ____

6. How much more prevalent is alcoholism among heavy smokers than among non-smokers?
   a. 2x more prevalent ____
   b. 4x more prevalent ____
   c. 7x more prevalent ____
   d. 10x more prevalent ____

7. Very few patients in chemical dependency treatment programs express any interest in stopping tobacco use.
   a. True ____
   b. False ____

8. People who are addicted to alcohol are much more likely to die from the consequences of their alcoholism than from any other cause.
   a. True ____
   b. False ____

Please note: This handout is intended for background information only. The information contained solely in this handout will not be tested.