Employee Assistance Program

Enhancing Excellence in the Workplace

Staff Development and Leadership Training for Employees, Supervisors and Managers

January 2019

CHIStAlexiusHealth.org
Leadership Training

Audience: Supervisors, Managers, HR Staff, Administrators

Training Topic: How to Create a Positive Work Environment

Presentation Highlights:
Have you ever experienced a work environment that’s very positive? You look forward to being there, with your co-workers, and working on those projects. It can be energizing for all staff. If you have worked in this type of environment it probably has made a huge difference in the outcome of the department or company.

A key leadership quality is the ability to inspire positive feelings in others, which leads to the outcomes listed above. Your challenge is to find a balance between developing a positive work environment and focusing on your area’s performance goals. In this presentation we will explore how you can achieve this balance.

Themes & Objectives:
• Learn what managers/leaders can do to elicit positive emotions from employees
• Communication with other leaders and what they have done
• Learn how to assess how you effect your employees

All Employee Presentation

Audience: Employees at all levels in the workplace

Training Topic: Dealing with Grief & Loss

Presentation Highlights:
This presentation will explore common difficulties in talking with others and in coming to grips with our own loss and grief. The grieving process and means of responding to the grief and losses of others will be explored. Coping strategies will be introduced along with the means of responding to the losses of others.

Themes & Objectives:
• Recognize symptoms and dynamics of loss
• Understand the impact of loss
• Learn where you might be at in your own life with death, dying, grief and loss

Presented by:
Tom Olson
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(800) 327-7195
tholson@primecare.org

This is one in an ongoing series of educational presentations provided as a courtesy of CHI St. Alexius Health Employee Assistance Program. The series is designed to strengthen leadership skills and to enhance motivation and productivity among all staff levels through the creation of a more positive work environment.
Live Site Presentation
(Pre-registration REQUIRED)

CHI St. Alexius Health
Technology and Education Center
Andriette & Paul Rooms
1310 East Main Avenue • Bismarck, ND

Jan 17
9:00 - 10:00 a.m. (CT) How to Create a Positive Work Environment
10:30 - 11:30 a.m. (CT) Dealing with Grief and Loss

OR

Jan 17
1:30 - 2:30 p.m. (CT) Dealing with Grief and Loss
3:00 - 4:00 p.m. (CT) How to Create a Positive Work Environment

ZOOM Dates
(Pre-registration REQUIRED)

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<thead>
<tr>
<th>Date</th>
<th>Time:</th>
<th>Presentation:</th>
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<tbody>
<tr>
<td>Jan 11</td>
<td>9:00 - 10:00 a.m. (CT)</td>
<td>How to Create a Positive Work Environment</td>
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<td>10:30 – 11:30 a.m. (CT)</td>
<td>Dealing with Grief and Loss</td>
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<tr>
<td>Jan 15</td>
<td>1:30 – 2:30 p.m. (CT)</td>
<td>Dealing with Grief and Loss</td>
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<td>3:00 – 4:00 p.m. (CT)</td>
<td>How to Create a Positive Work Environment</td>
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<td>Jan 22</td>
<td>9:00 – 10:00 a.m. (CT)</td>
<td>Dealing with Grief and Loss</td>
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<td>10:30 – 11:30 a.m. (CT)</td>
<td>How to Create a Positive Work Environment</td>
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<td>Jan 29</td>
<td>1:30 – 2:30 p.m. (CT)</td>
<td>How to Create a Positive Work Environment</td>
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<td>3:00 – 4:00 p.m. (CT)</td>
<td>Dealing with Grief and Loss</td>
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Pre-Registration Notice

• **Spaces are limited.** Contact Carmen Schacher at ccschacher@primecare.org or at (701) 530-7194; provide your name, employer/department name, phone number and e-mail address.
• The day before the ZOOM presentation, an email with the link is provided to you as well as an outline of the material being discussed.

Thank You.