Firm Foundations
Rooted in Faith

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Building Firm Foundations

At CHI Alexius Health Dickinson, we have the privilege to come to work each day and deliver health to people in our clinics, hospital, and in our communities. At this critical juncture in America, where we continue to see rising medical costs and challenges to access, our long-standing mission is more relevant than ever. As we strive to meet the needs of our community within a complex and rapidly changing healthcare environment, we are ever-grateful for our supporters who allow us to make vital improvements to patient care.

Donors continue to make all the difference in impacting the lives of our patients and their families. Charitable donations make programs and services available that would not exist at CHI St. Alexius Health without your generous support. Your gift allows us to take care of patients in several ways, from stabilizing critical patients for transfer to specialized care, identifying breast cancer earlier with new 3D technology, and caring for the newest member of the family, to giving patients and families emotional and spiritual support.

As someone who has shown active interest in our hospital and foundation, we want to continue to involve you in our work and challenge you to become an even bigger part of our team of supporters. We look forward to learning what your goals are and connecting you with meaningful information and projects that align with those goals. See page 3 for a great tool called “My Legacy Planner” – or call us at the office anytime at 701-456-4746.

Together, we are building healthy communities!

Letter from the President

As we complete the 2019 Community Health Needs Assessment, and just as in 2016, the need for mental, behavior and substance disorder treatment still tops the list as most needed service in our region. Areas such as recruitment of medical staff, child care services, and bullying are still important, but addiction and the significant need for mental and behavioral health have become far and away the our biggest community health need in 2019.

Moving forward, if as a community we can focus on behavioral, mental and addictive disorder needs and work to fund projects related specifically to these needs, we will see a significant rise in overall health for our region. We also cannot forget that we still need the proper space, equipment and personnel to work in these areas along with ways to increase awareness and provide ongoing community education to help end this crisis. Collaboration with federal, state, county and local partners working in both the non-profit and for-profit arenas is also essential to assist in building the programs necessary to battle this epidemic.

Just as CHI St. Alexius Health Dickinson has built an amazing facility, moved Women’s Health to the forefront through its innovative Centering program, and are providing the best imaging services in the region, I know we can tackle the behavioral, mental and addictive health issues plaguing our community.
What’s Your Plan?

Did you know the average American’s net worth is typically comprised of 9% cash and 91% assets? We’d like to tell you about giving opportunities that most people do not know exist. Giving via assets is beneficial to both nonprofits and donors. Legacy giving is just a small piece of the asset pie! As community members we get to see immediate results of our donations, but what impact will we make as we pass our values and valuables to the next generation?

No matter what stage of life you’re in, it’s never too soon to begin thinking about your legacy. CHI St. Alexius Health Dickinson can help you get started. Through a new relationship we’ve established with The Giving Crowd, we have made a tool available to you called My Legacy Planner. This is a secure, easy-to-use system that, in less than 15 minutes, will help you see how you can leave a lasting legacy and significantly reduce or eliminate taxes that you may not even be aware of. It costs nothing and is completely confidential, with the information sent directly to The Giving Crowd, not the Foundation. They are experts in identifying ways that you may disinherit the government in favor of the hospital and other charities you care about. There is no cost to you for their expertise. They don’t sell insurance or manage money and in fact will work with your advisers if anything is discovered that would be helpful to you.

You can get started by using this link: https://catholichealthdickinson.mylegacyhq.com/index.html which is also available on our Foundation page of our website.

CHI St. Alexius Health Dickinson Welcomes the Following New Providers:

- Dr. Brian O’Hara
  Internal Medicine & Pediatrics

- Kelsey Daley, PA-C
  Emergency Medicine
To Whom It May Concern:

We had our first appointment with Dr. Arnold on a Tuesday afternoon and he mentioned Centering to us, and that we were right on time if we wanted to join because it started right after our appointment. Brian and I looked at each other and said well, let’s give it a try and if it’s not for us, we’ll go the more traditional route with appointments.

We couldn’t have been happier. We sat down among a group of strangers, all at different places in our lives, and over the months, became a family.

Being first-time parents, the ability to meet different doctors, nurses, pediatricians, and extended staff was so reassuring. Brian is a man of a million questions and not one eye was ever batted when his questions were asked. His questions were welcomed with open arms and answered to a ‘T’. Our centering “family” even started to joke about Brian’s questions, which we all chuckled about. The way in which all of his concerns and questions were answered, Brian couldn’t say enough good things about the process from a dad’s perspective.

It was such a relaxing, welcoming, learning experience that he would be disappointed when he wasn’t able to make it to a couple appointments. We looked forward to each and every one. I never had to call and make appointment and schedule things differently; with the consistency of the scheduling, I knew when Centering was and it was just done.

The things that Dr. Arnold, Jennie, Bri and the rest of the doctors and nurses prepared us for, taught us, and helped us through in a structured lesson plan setting were immense. The whole idea of centering is just unbelievable. A group of moms on the same timeline in life but all at different points in their lives...BRILLIANT!

As I stated before, we learned from the staff at CHI, but the real life experience of those other moms, in that setting...unreal! We had moms of 4, new moms, all natural moms, moms of boys, moms of girls...etc. Each and every one has had different life experience and each and every one of them taught me, as a first-time mom, something new or something to think about.

When it came time for our sweet babe to arrive, I was confident, comfortable, and eager to start the process. After my water broke, I kind of knew what to expect because of our Centering classes. When things went a little left of center and we had to have an emergency c-section I had absolutely no concerns. After our sweet little girl was born I knew she was in good hands as well as myself. All of this was because of centering. I had met Dr. Lowe, who was on call that night, I had been able to tour the facility in which our daughter would be born, and we would be cared for, and from the moment we walked through the Emergency Room doors, nothing was scary or unfamiliar. All of this, because of Centering, the Centering Doctors and Nurses, and the CHI hospital.

After all the babies were born in our Centering family and we met for our reunion, it was bittersweet. We go through such a life-changing event with strangers that become family and to this day I still have weekly, monthly, even daily contact with these people—not just the moms, but the staff and doctors as well. Brian and I have bragged and boasted and smothered people with the amazing experience Centering gave us. If and when it happens again, we will without a doubt be participating in Centering again with our next child. I hope I am of some help to another mom as my Centering family was to me. The CHI Centering program is one in a million and I am so blessed to call them part of MY family.

Sincerely,

HayLee Wax, CenteringPregnancy Patient

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CHI St. Alexius Health CenteringPregnancy

Named Outstanding Rural Health Program

GRAND FORKS, N.D. – The CenteringPregnancy Prenatal Care Program at CHI St. Alexius Health Dickinson was named the Outstanding Rural Health Program by the Center for Rural Health. The award honors a program that delivers services in innovative ways through collaborative partnerships to improve the access and quality of care to rural North Dakota residents.

The CenteringPregnancy program has shown measurable decreases in pre-term labor rates, decreases in the number of unnecessary visits to the emergency room, and decreases in the rates of gestational diabetes. In addition, participating mothers are less likely to experience postpartum depression and are more likely to breastfeed their babies, reducing infant illness and reducing the cost to the patients and the rural healthcare system.

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Sincerely,

HayLee Wax, CenteringPregnancy Patient
November 9th, 2017, will be a day we will never forget. Our beautiful daughter Mya Harper Gentilini was born still at 3:07 pm. The day before, I went in for a routine OB appointment at 34 weeks 6 days gestation. Mya’s heart officially stopped beating as there was no fetal heart movement detected. Our world shattered in that moment and the rest of the day was such a whirlwind. I was transferred over to CHI St. Alexius Hospital where I was greeted at the OB unit to begin the journey of delivery.

“A Wife who loses her husband is called a Widow. A Husband who loses his wife is called a Widower. A child who loses his parents is called an Orphan. There is no word for a parent who loses a child. That’s how awful the loss is.”

A mere 23 hours later, there was not a dry eye in the room as we welcomed our beautiful baby girl into this world. I remember our delivery nurse Lisa. With tears rolling down her face, she held my hand and coached me through the entire labor. She was so attentive to mine and Joe’s needs, making sure any request we had was taken care of. Each nurse we met throughout our stay was incredible. Nurse Jane, along with a handful of other nurses, put together a memory box for Joe and I to take home with us. The box was filled with photos of Mya, 3D molds of her precious hands and feet, poems and other items that we will cherish for the rest of our lives.

The OB unit went above and beyond and we could not be more thankful to have had the experience we did. I know for most, the words “Pleasant and Wonderful” would not be used to describe a still birth experience, but it’s truly how Joe and I felt about ours. From the moment we walked through the doors of CHI St. Alexius Hospital we were treated with love and compassion and given the utmost of care through the most difficult time in our lives.

We are forever grateful to have such an awesome hospital in our community filled with the best staff around!

Thank you from the bottom of our hearts.
Taylor, Joe, Mya and Lenna Gentilini

“Hearts for Heroes” pins are worn proudly on lapels throughout CHI St. Alexius Health Dickinson. But CHI St. Alexius Health Dickinson doesn’t award them. Patients and families do.

And behind each pin is a personal story.
Stories of profound relief, stories of hope resurrected, stories of kindness at a vulnerable time.

It is more than a pin. When you take advantage of our “Hearts for Heroes” program, you also help ensure the future of exceptional health care, right here close to home.
In March 2019, four community members participated in the Foundation’s fifth “Earn Your Scrubs” Program: (l-r) Marya Skaare, Zared Lefor, Nic Stevenson, and Peter Bazin. The program’s goal is to educate the community on how our hospital operates, from a mission and financial standpoint to experiencing our frontline care.

The participants for this year’s program said the following: “Extremely impressed with our technology! This is something I feel our community needs to be more aware of.” “Excellent Job! Very informative. Great work is happening here, so good to get a closer look and deep dive into advancements.” Participants have the chance to nominate other community members to participate in future Earn Your Scrubs programs.

Community Benefit Summary

Last year from July 2017 - June 2018 we provided community health education and outreach:

- 24 Programs
- 664.5 Staff Hours
- 45.50 Volunteer Hours
- 13,919 People served directly
- $56,215 in benefit

Includes activities carried out to improve community health and health care services that are subsidized because they meet an identified need in the community. This includes members of our staff attending health fairs, speaking engagements, school job fairs, hands on demonstrations, volunteer services and diabetes education.

TRADITIONAL CHARITY CARE

$1.2 million

Health care services provided free of charge or at a discounted fee schedule to people who meet pre-determined financial criteria. As required for government reporting, this figure is based on calculated costs, not charges to patients.

UNPAID COSTS OF PUBLIC PROGRAMS

$468,000

Medicaid and Medicare shortfalls, which are deficits created when CHI St. Alexius Health Dickinson receives payment from the government that are less than the cost of care for public programs.

High numbers of annual births have held steady since oil activity returned to our region a decade ago. Our Obstetrics department was very grateful to receive a gift from Marathon Oil. This gift has helped them purchase a new laboring bed, which is designed to support mom and baby throughout the labor and delivery experience.
Every year, hundreds of supporters join us for a variety of fun events that impact the health of our communities. We strive to create experiences that inspire, educate and make a lasting impression. Proceeds from each event are designated to our greatest needs.

Golf Sports Classic

July 13, 2019 Heart River Golf Course

As always, our sponsors and attendees play a major role in the success of this event. We also have Golf Classic Committee members and volunteers whose generosity of time enables us to coordinate a well-run, organized event. We can't thank you all enough! For 28 years, this event has been instrumental in raising dollars for technology upgrades and essential improvements in equipment. We hope to see you again this year - the theme of the event is “Game Day”!

Charity Ball

The 36th Annual Charity Ball “Run for the Roses” presented by CHI St. Alexius Health Dickinson Foundation was held Saturday, November 17th at the Ramada Grand Dakota Lodge in Dickinson. Attendees of the Kentucky Derby themed gala enjoyed a delicious meal, lively auction, and music by live band Judd Hoos. Funds raised were earmarked for equipment needs. Charity Ball continues to be a vital aspect in raising funds for CHI St. Alexius Health Dickinson Medical Center and clinics. Special thanks to our dedicated committee members and faithful sponsors for making this event a continued success.

Mark your calendars for this year’s Charity Ball, to be held Saturday, November 23, 2019!

Save the Dates!

Glow Run
August 29, 2019
Rocky Butte Park

Hoedown for Hospice
July 30, 2019 11am-1pm, Prairie Hills Mall
COMMUNITY

Better health outcomes begin where health starts — in our communities.

Our understanding of health is evolving. Just as we know the mind and body are connected, we know community is connected to our health. When we build health into the places where we live, work, and play, we can increase prevention — and help people live healthier lives.

Wibaux Health Fair

CHI St. Alexius Health Dickinson and Beach Family Clinic have always had a presence at the Wibaux County Health Fair, but the past two years we have been the lead agency to provide blood testing. This year we provided blood draws and health screenings to over 320 of the fair’s attendees.

Sparking conversations on mental health to reduce stigma

In October of 2017 Kelly Armstrong, Rich Wardner, Mike Lefor, and Mike Schatz met with hospital president Reed Reyman to form the Mental Health Coalition. The coalition is comprised of city county and state officials including all local and state agencies, both non-profit and private for profit entities, that provide mental and/or behavioral health services across the state.

The mission and responsibility of the coalition is to identify mental health issues in the community, promote effective coping strategies and increase awareness of services for traumatized individuals and families. The coalition has been very active in identifying community health needs and identifying strategies to address the issues. CHI St. Alexius Health Dickinson is having conversations with all entities and find ways to help patients of all ages, while aiming to reduce stigma around mental health.

Over the past two and a half years, we have discussed and researched all avenues for care and worked on eliminating barriers for care. As a result of these coalition meetings, legislation has been passed to increase access to care, barriers such as restrictive licensing have been addressed and relationships have been formed and solidified to address local and statewide issues. We will continue to move forward as we work to secure available federal and state funding.

Did you know

- We hosted 104 Dickinson State University nursing students in clinical rotations.
- 20 college students completed job shadowing here.
- We had 30 medical students attend supervised rotations with providers from our clinics. These include physicians, nurse practitioners and physician assistants.
- We have 240 volunteers including Healthcare Explorers, Health Careers II students from DHS and RACTC, clinical students, junior volunteers, job coaches, new volunteers and job shadowing students.
with Gratitude to our donors

The following donors generously supported CHI St. Alexius Health Dickinson Foundation during calendar year 2018 (January 1, 2018-December 31, 2018). Their contributions helped the Hospital continue its tradition of excellence by providing funds to purchase new equipment, support healthcare education and community health programs, and provide care for those in need. It is with pleasure and deep gratitude that we recognize the following donors:

ANNUAL GIVING

Visionaries ($25,000+)
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Baker Boy
Engel Keating Foundation

Ambassadors ($10,000-$24,999)
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Kurt and Julie Wanner
Willie and Billie Jo Winn
Dr. Craig and Destiny Wolfe
Robert and Virginia Zint

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Advanced Vision Centers, Inc.
Agri Insurance, Inc.
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Blue Hawk Audio and Video
Blue Hawk Lawn Care
Boise Image Builders
Border States Electric Supply-Dickinson
Bounce Right Rentals
Braun Distributing
Buffy’s Roughrider Bar & Steakhouse
C & K Weinstein PC
Coca-Cola Bottling Company of Dickinson

Individuals
Cheryl Enderud
Haylee Cripe
Peter and Kate Bazin
Individuals
Whiting Oil & Gas Corporation
The Hub Convenience Store
Slope Electric Cooperative, Inc.

CHI Hospital and Clinics
339 employees
240+ volunteers
Active medical staff of 28 physicians representing the hospital and clinics
The mission of the Foundation is to support programs and projects related to health care through which donors can share in the philanthropic goals of the hospital. The ultimate recipient of a gift could be a member of your family, a close friend, or a neighbor receiving care at CHI St. Alexius Health Dickinson. Donations to the Foundation are tax deductible and can provide considerable tax advantages. There are many gifting opportunities including donations of stock, cash, charitable gift annuities, insurance proceeds, gifts-in-kind, real estate, trusts, and wills.